

COLOUR MY WORLD

Like our senses of smell and taste, colours have the ability to conjure up memories of happy times and past adventures. MiNDFOOD Editor-in-Chief Michael McHugh takes us on a trip around the world to where some of his very favourite Resene colours transport him.

WORDS BY MICHAEL MCHUGH



I always think of trips to the Greek Islands and those long, hot summer days discovering secret swimming holes, streets filled with white-washed houses and local shops with blue details. I love that colour combination which always takes me back to island hopping in the Aegean Sea and a life of seafood and spanakopita, washed down with an Aperol Spritz.

- Resene Key Largo
- Resene Half Alabaster
- Resene Wet N Wild

Alta in Norway is the furthest north I have travelled and during my winter escapade there, all I could see for miles was white, white and white. It was a magical time dog sledding, staying in igloos with fireplaces and taking snowmobiles to the very north of the city. I also came back to painting rooms white. Norway for me is one of the best artistic inspirations.

- Resene Quarter Black White
- Resene Alabaster
- Resene Half Sea Fog



I am always enchanted when returning to Italy by the beautiful light. Visiting palazzos and piazzas bathed in the luminosity of burnt sienna and walking around Italian cities or towns makes me yearn for shades of Tuscany and Umbria at home on my own walls.



- Resene Incarnadine
- Resene Thunderbird
- Resene Arriba

The expansive landscapes of Western Australia seem endless and are visually spectacular. The brilliant red sunsets cast stunning shadows across this red-soaked, spellbinding land. Sitting watching my very first sunset along the Dampier Peninsula – a striking contrast of pindan cliffs, white sand beaches and the turquoise waters – is a perfect colour palette for a creative space.

My first trip overseas was to the Pacific Islands, so returning many times over the years and discovering new atolls and islands dotted amongst the sparkling blue hues always makes me happy. I love different shades of blues and greens, whether they are together in a room, or as separate feature walls. You can't go wrong with this combination of colours – blue and green should *always* been seen!



- Resene Sail Away
- Resene Wild Side
- Resene Island Time

There are many colours that bring to mind holidays enjoyed and journeys taken. White and blue evoke iridescent Greek island homes complemented by the shimmering blue of the Aegean. Warm, terracotta tones remind us of summers strolling through the sun-baked Italian piazzas. Strong reddish-brown hues evoke powerful memories of time spent in the Australian outback, while soft whites can transport us to the snowy landscapes of Christmases in northern Europe. Cool blues and greens? Lazy, hazy afternoons spent in the Pacific.

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